

A. RODNEY NURSE, PHD, ABPP
Board Certified in Couple & Family Psychology and Clinical Psychology

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PRESENT SERVICES

My practice blends couple & family psychology and clinical psychology in the independent practice of professional psychology. I have over 35 years experience with full time and part time practice. I am person-centered *and* relationship focused.

For couples with difficulties in their couple relationship or who are upset by problems with their children I first seek to thoroughly understand the problems. Then, together we tailor a plan for easing or solving difficulties. We set specific goals and ways to check progress toward these goals. A plan typically includes some combination of individual, couple, or family psychotherapy.

For divorcing couples I serve as a coach in a mental health professional/lawyer-based team approach. This new process is Collaborative Divorce (now available in all major cities in North America); I am one of its originators. For individuals who have reached a divorce agreement, I conduct small therapy groups of (unrelated) individuals to accelerate recovery from divorce and energize moving ahead with life.

In both practice areas: I take account of individual personalities, specific family relationships, and work/community dynamics as needed. I emphasize personal strengths for overcoming adversity and for working toward a more satisfying life.

PAST EXPERIENCE IN SUMMARY

I have involved myself in two inter-related areas (1) as a psychological practitioner of diagnostic, treatment, and consulting/planning services; and (2) as a faculty member and/or administrator of graduate doctoral programs (program director, dean, and president) and in managing positions with public and private agencies. Detailed information is available on my website, www.rodnurse.com.

ADDITIONAL PRESENT PROFESSIONAL ACTIVITIES

I am involved nationally in my profession, presently primarily as the 2009 and 2010 President of the American Board of Couple and Family Psychology (ABCFP). ABCFP is one of 13 specialty boards of the American Board of Professional Psychology; the boards are responsible for board certification examinations in their specialized area within professional psychology. I am Board Certified in Couple and Family Psychology and in Clinical Psychology. I sit as a Board Member *ex officio* on the Board of Directors of the APA Society for Family Psychology (Division 43); I recently served 2 terms on this board as Vice President for Education.

I am an APA Life Fellow, through the Society of Clinical Psychology (Division 12), Society for Family Psychology (Division 43), and Division of Trauma Psychology (Division 56), as well as a member of Divisions of Psychotherapy (29), and Independent practice (42). I am also a Life Fellow in the Society for Personality Psychology, a member of the Association of Family Therapists of Northern California (AFTNC) and of Collaborative Practice East Bay (CPEB).

EDUCATION

PhD, University of Texas (Austin). APA Accredited Program in Counseling Psychology (Counseling and Psychotherapy Emphasis), Minor Clinical Psychology. M. A. Southern Methodist University (Dallas), Child Clinical Psychology. B. A. Southern Methodist University (Dallas), Psychology.

SELECTED RECENT PUBLICATIONS AND PRESENTATIONS

(These reflect my client services over the past decade and a half)

Collaborative Divorce: A family centered process (2009). In J. H. Bray & M. Stanton (Eds.). Handbook of Family Psychology. Boston: Blackwell/Wiley. (With P. Thompson).

Personality guided couple psychotherapy (2009). In J. H. Bray & M. Stanton (Eds.). Handbook of Family Psychology. Boston: Blackwell/Wiley. (With M. Stanton).

The MCMI in treating couples (2008). In T. Millon & C. Bloom (Eds.), The Millon Inventories, 2nd Edition, A Practitioners Guide to Personalized Clinical Assessment. New York: Guilford. (With M. Stanton).

Collaborative Divorce: A rapidly evolving interdisciplinary family-centered process. (2007). APA Annual Convention, San Francisco, a panel. (Chaired, with presenters Psychologist P. Thompson, Lawyer P. Tesler, and Financial Analyst M. Hill).

Using the Millon Index of Personality Styles-Revised with Couples (2007). APA Annual Convention, San Francisco. (With P. Thompson).

A Book Review of Handbook of EMDR and Family Therapy Processes (2007); F. Shapiro, F. Kaslow, L. Maxfield (Eds.). Hoboken, N.J.: Wiley. PsycCritques, Fall. (With P. Thompson).

New opportunities for family psychologists: Collaborative Divorce (2007). The Family Psychologist, 23 (4), 32-35. (With P. Thompson).

The development of family psychologists: An annotated flowchart (2005). The Family Psychologist, 21 (4), 4-5. With M. Stanton, first author).

Effective uses of psychological tests with couples and families (2004). In Assessment of Couples and Families: Contemporary and Cutting Edge Strategies (L. Sperry, Ed.). New York: Brunner-Routledge. (With L. Sperry).

EMDR in conjunction with Family Systems Therapy: A review (2002). In EMDR as an Integrated Psychotherapy Approach, F. Shapiro (Ed.). Washington, DC: American Psychological Assoc. (With F. Kaslow, first author, and P. Thompson).

Collaborative Divorce: A humane, interdisciplinary approach (2000). In Innovations in clinical practice: A source book, L. VandeCreek (Ed.). Vol. 18. Sarasota, FL: Professional Resource Press. (With P. Thompson).

Family Assessment: Effective uses of personality tests with couples and families (1999). New York: Wiley.

Collaborative Divorce: A new, interdisciplinary approach (1999). American Journal of Family Law, 13, 226-234. (With P. Thompson).

The dependent/narcissistic couple (1998). In The Disordered Couple, J. Carlson & L. Sperry (Eds.). New York: Brunner/Mazel.

Collaborative Divorce: Oxymoron or a new process? (1997). The Family Psychologist, 13 (2), 21-25. (With P. Thompson).

Divorce: A problem to be solved, not a battle to be fought (1997). Orinda, CA: Brookwood. (With P. Thompson, K., Fagerstrom, M. (first author), Kalish, M., N. Ross, D. Wilde, T. Wolfrum.).

Should psychotherapists be concerned about the new APA child custody guidelines? (1996). Psychotherapy Bulletin, 31 (3), 28-37. (With R. Saunders, M. Guindes, J. Bray, S. Shellenberger).

My complete CV is available on my website: www.rod nurse.com